## Theobroma Cacao Powder Does cacao powder color matters?

Cacao powder HEAVILY PROCESSED (pH 7.5+)	Cacao powder  MEDIUM  PROCESSED  (pH 7.2)	Cacao powder LIGHLY PROCESSED (pH 6.5)	Cacao powder RAW (pH 5.3)
Flavanol ~ 3 mg	Flavanols ~ 4 mg	Flavanols ~ 6 mg	Flavanols ~ <b>31 mg</b>
<b>Low</b> in polyphenol antioxidants	<b>Low</b> in polyphenol antioxidants	<b>Low</b> in polyphenol antioxidants	<b>High</b> in polyphenol antioxidants
<b>Heavily</b> alkalized (dutched)	<b>Medium</b> alkalized (dutched)	<b>Lighly</b> alkalized (dutched)	Non-alkalized ( <b>Natural/Raw)</b>